

# Emergency SHO at Caboolture Hospital

RMO CAMPAIGN 2025



## CARING *together*



## Why Caboolture ED?

### Flexibility & Work-Life Balance

Come to Caboolture Emergency Department- a place where part-time contracts and flexible rostering are encouraged! Work full-time, half-time (or- the best- 0.75-time!)- whichever works best for you!

Bring a friend! Let us know you want to be rostered together so you can live your best lives and we will make it happen (we are well-used to this rostering style!)

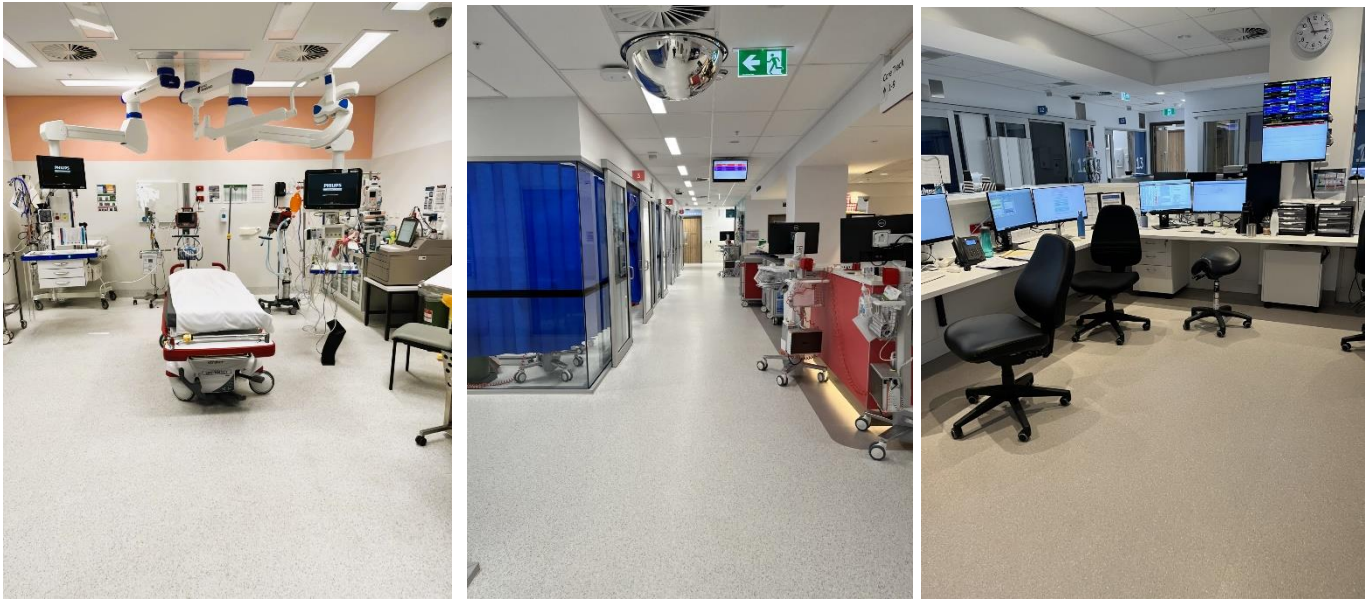
Live in Brisbane....or the Sunny Coast (or...change your mind halfway through the year and experience both!)

We are an urban-district hospital on the northern most tip of Metro North- equidistant between the beautiful beaches of the Sunshine Coast and the (*apparently, it's kind of funky now*) CBD of Brisbane City. We have (paid- staff rate) parking on site and an only-occasionally painful commute (*mostly highway driving-perfect for audiobook/podcast or a one-person dance party in the car*).

Working at Caboolture Hospital is an opportunity to provide exceptional medical care to a district that really needs you! Come to an Emergency Department that deeply values you, your time, your energy and your contribution to our team- we will always sign off your overtime (but also try to make sure you leave on time too!) and lunch breaks and appropriate breaks are vociferously encouraged here.

## Supportive & Well Supervised Department

Caboolture Emergency is well supported with 18.5 full time equivalent consultants and from 0715 – 2330 hours 7 days a week, with between 2 and 4 consultants present on the floor depending on the time of day. Outside these hours, consultants are on call and are within 10- minute call back.



***Our fancy new ED!***

## Teaching excellence

Considering a career in Emergency Medicine? Come to Caboolture where you will see an extremely wide range of incredibly interesting pathology.

We have a dedicated SHO program AND a “step up” program to prepare you for registrar life (see further below in this section)!

We have an exceptional ACEM Primary Exam teaching program- reflected in our amazing trainees’ exam performance and success over the last few years.

We are accredited for 36months TS1-TS4 ACEM training and are a site that well understands many of the challenges facing our trainees during their training.

Further trainee opportunities exist within the hospital and on secondment for compulsory terms required to complete training in Emergency Medicine. These include:

Anaesthetics	6 months Caboolture
Intensive Care Medicine	12 months Redcliffe Hospital
Intensive Care Unit	6 months, The Prince Charles Hospital
Paediatric Emergency	6 months, Queensland Children’s Hospital
Paediatric Emergency	6 months, Prince Charles Hospital
Ward Paediatrics	6 months, Caboolture Hospital
General Medicine	6 months, Caboolture Hospital

There are also non-accredited terms for those with an interest in the following:

Medical Education	6 months Caboolture Hospital
Mental Health	6 months Caboolture Hospital

Haven't decided quite which specialty you want to do or didn't get a job working as an SHO or PHO in your future specialty of choice (*looking at you, ortho, anaesthetics, ICU, neurosurgery, gen surg, radiology hopefuls*)????- come work with us for a year where you will see some of the most interesting pathology and unwell patients in Metro North- gather some great experience working with a team that genuinely loves teaching on the (actual) run!

For those of you who love the random chaos of ED and want a supported journey to step up to being an ED Registrar/PHO, there are 4 hours of protected teaching per week. 25% of teaching involves pediatrics. There are a number of large workshops assisting those transitioning into the registrar role, such as:

1. Introduction / How to Run the Floor / ALS Adults and Child
2. Airway and cricothyroidotomy workshop
3. Vascular access workshop
4. Plaster workshop
5. Inter-hospital transfers
6. Anesthesia and analgesia in ED
7. ECG and Electrolytes
8. Ultrasound guided regional block training.

Teaching covers the ACEM Curriculum Framework, and this is covered within a 12 month period. Teaching is deliberately broad based and general. After 12 months at Caboolture Emergency Department, medical practitioners should be independent in the management of common emergencies and confident in the principles of management of advanced procedures such as RSI and cricothyroidotomy.

## Job satisfaction

Caboolture Hospital Emergency Department is in a unique position of being a major Emergency Department attached to a very small hospital. This results in learning opportunities to manage a whole range of conditions that ordinarily would go to a subspecialty unit. We manage our own Intensive Care Patients with all invasive monitoring and respiratory support predominantly provided by ED. With no orthopedic service, we manage all our own fractures and reduce all dislocations within the Emergency Department. This also means that there is regular inter hospital transfers once immediate emergency care has been delivered, and this experience serves as a stepping stone into retrieval medicine. The clinical experience and supervision gained at Caboolture ED is second to one.

Most procedures in the Emergency Department are performed by the treating ED registrar or our keen SHOs- under consultant (and registrar) supervision when required.

## Location

Situated halfway between the glorious Sunshine Coast and Brisbane with its surfing, pristine beaches and perfect weather, Caboolture offers everything you might want for your introduction to Australian Emergency Medicine.

As mentioned above- Caboolture Hospital is ideally located just in from the Bruce Highway, and easy 30–45-minute commute (minimal traffic lights) from Brisbane or the Sunshine Coast! Live 6 months in Brisbane, then 6 months on the coast if you want (or 12 months Brisbane, 12 months Sunny Coast- when you inevitably find you love the team and vibe here at Caboolture ED!)



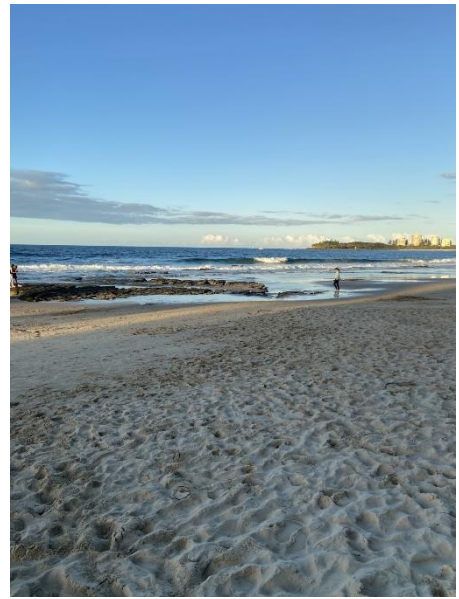
**Brisbane CBD**



**Noosa Main Beach (Sunshine Coast)**



**Mooloolaba Main Beach (Sunshine Coast)**



**Mooloolaba Main Beach (Sunshine Coast)**

*Please see below for selected information from the current RMO (general pool/rotational) campaign about our hospital.*

## Hospital Facilities

The Caboolture Hospital is a 302 bed Hospital (including Mental Health). Our Directorate includes Caboolture Hospital, Woodford Correctional Centre, and Kilcoy Hospital.

Outreach services include Caboolture Child and Young People's Mental Health and Caboolture Adult Mental Health Services.

In 2023 Caboolture Hospital opened its new 5 Story Clinical Services Building which included the delivery of a new expanded Emergency Department, new operating theatres, new Palliative Care, Geriatric, Cardiac Care and Medical wards and a new Intensive Care Unit. Further redevelopment of the existing main hospital building in 2024 is ongoing and due to be completed by the end of the year.

## Clinical Service Profile

- Anesthetics
- Emergency Medicine
- Obstetrics and Gynecology
- General Surgery (including Gastroenterology and Day Surgery)
- General Medicine (including General Medicine, Cardiology, General Medicine and Stroke, Infectious Diseases, Rheumatology, Geriatric Services, Respiratory, Endocrinology, Hospital in The Home (HITH) and Palliative Care)
- Intensive Care
- Coronary Care
- Pediatrics
- Mental Health

Our new five story Clinical Services Building was opened in 2023, including:

- New and expanded Emergency Department
- 20-bed Rehabilitation Unit (still under construction)
- 10-bed Palliative Care Unit
- 14-bed Geriatric Evaluation and Management Unit
- 32-bed Medical Ward
- 10-bed Intensive Care Unit
- 6 (representing 2 additional) Operating Theatres and 4 Stage One Recovery Spaces
- 8-bed Cardiac Care Unit
- 4-bed Chest Pain Assessment Unit and 16-bed Medical Ward

Refurbishment within existing hospital continues in 2024 with:

- Enhanced and expanded special care nursery with 15 bays.
- Medical day stay unit.
- Upgraded and expanded morgue
- Expanded medical records facility, pharmacy, and pathology.
- New main entry, café, and visitor lounge.

## Our Multi-storey carpark opened in 2023.

- Approximately 1,080 parking spaces in a mix of multi-story and at-grade facilities
- Accessible parking spaces, electric vehicle charging bays and motorcycle parking.
- Combined with other car spaces around the site, there will be approximately 1640 spaces in total across the Caboolture Hospital site.

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